

FOOD MENU

Please note that items on our menu may change based on seasonal availability.

Salad

Rainbow Slaw	8
<i>Shaved cabbage, carrot, green apple, honey mustard dressing</i>	
Broccoli Salad	8
<i>Grapes, barley, sweet onions</i>	
Endive and Avocado Salad	8
<i>Orange, capers, arugula</i>	
Gypsy Salad	8
<i>Watermelon, cherry tomato, cucumber, feta, sumac dressing</i>	
Mixed Leaf Salad	8
<i>Leafy vegetables, lemon dressing</i>	
Seaweed and Radish Salad	8
<i>Edamame, cucumber, lettuce, bean sprouts, snow peas, ginger miso dressing</i>	

Wraps / Sandwiches

Egg Mayo Croissant	10
<i>Free-range eggs, mayonnaise, dill</i>	
Ham and Cheese Croissant	12
<i>Black Forest uncured ham, cheddar, honey mustard glaze</i>	
Bresaola Sandwich	20
<i>Dried beef, cream cheese, rocket, basil, ciabatta</i>	
Chicken Avocado Wrap	20
<i>Free-range chicken, housemade mayonnaise, slaw, flour tortilla</i>	

Baked Eggs

Spinach and Mushroom Frittata	12
<i>Free-range eggs, cherry tomatoes, feta</i>	
Asparagus Quiche	15
<i>Free-range eggs, leek, Comté cheese, feta, white wine</i>	

Dips

Baba Ganoush	4
<i>Roasted eggplant, tahini, pine nuts, pomegranate</i>	
Chickpea Hummus	4
<i>Chickpeas, tahini, garlic, lemon juice</i>	
Tzatziki	4
<i>Cucumber, Greek yogurt, garlic, mint</i>	

Vegetables

Crushed Brussels Sprouts	7
<i>Garlic, maple, parmesan, chilli flakes</i>	
Grilled Mediterranean Vegetables	7
<i>Broccolini, pumpkin, red pepper, green pepper, fennel, zucchini</i>	
Roasted Eggplant	7
<i>White miso, white wine, ginger, white sesame seeds</i>	
Roasted Squash	7
<i>Red onions, za'atar, balsamic vinegar, arugula, tahini sauce</i>	

Proteins

Black Pepper Tofu	6
<i>Green beans, scallions, pickled chillies</i>	
Tuna and Lentils	15
<i>Sweet corn, bell pepper</i>	
Roasted Free-range Chicken	16
<i>Lemon, rosemary</i>	
Free-range Roast Pork	20
<i>Dijon mustard</i>	
Lamb and Beef Moussaka	20
<i>Eggplant, red wine, egg, ricotta, parmesan béchamel, tomato</i>	
Add-on: +5 Sourdough toast with organic butter / brown rice / hard boiled eggs	

Desserts

Ginger Cake	4.5
<i>Cinnamon powder, clove powder, free-range eggs</i>	
Banana Loaf	7
<i>Walnuts, crème fraîche, free-range eggs</i>	
Chocolate Pumpkin Cake	7
<i>70% dark chocolate, olive oil, pumpkin puree, free-range eggs</i>	
Earl Grey Lemon Muffin	7
<i>Free-range eggs, earl grey powder, sunflower oil</i>	
Orange Almond Cake	7
<i>Orange, almond flour, free-range eggs</i>	
Blueberry Crumble Bar	8
<i>Lemon juice, almond flour, brown sugar, free-range eggs</i>	
Passion Fruit Olive Loaf	8
<i>Free-range eggs, butter, olive oil, lemon</i>	
Gluten-free Basque Cheesecake	13
<i>Cream cheese, free-range eggs</i>	
Nutty Griottines Cherries Tart	13
<i>Almond ganache, pecan, butter, almond cream</i>	
Add-on: +3 Frozen maple crème fraîche	

**We use fresh, natural,
organic and sustainably
sourced ingredients.**

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All prices include GST and are subject to 10% service charge.
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