

# BREAKFAST

Available daily from 8am to 11am

Made with natural and organic ingredients

## Baked Treats

View selection on display

### Toast with Jam

8

Sourdough toast, house-made strawberry jam, organic butter or almond butter

*Egg-free*

### Citrus Overnight Oats

10

Greek yoghurt, almond milk, rolled oats, cinnamon powder, cardamom powder

*Dairy-free, egg-free*

### Egg Mayo Croissant

10

Free-range eggs, mayonnaise, dill

*Nut-free*

### Fresh Fruit Platter

10

Seasonal organic fruits

*Vegan, dairy-free, gluten-free, nut-free*

### Avocado Toast

12

Cumin, chilli flakes, sourdough toast

*Vegan, dairy-free, egg-free, nut-free*

### Ham and Cheese Croissant

12

Black Forest uncured ham, cheddar, honey mustard glaze

### Acai Bowl

18

Seasonal organic fruits, almond butter, house-made sweet granola

*Egg-free*

### Glow Breakfast Plate

28

Nitrate-free smoked bacon, pork sausage, free-range eggs (sunny side up, scrambled or over easy), cherry tomatoes, mushrooms, sourdough toast

*Dairy-free*

### Add-on:

Free-range egg / Sautéed mushrooms

3

Half an avocado

4

Pork sausage / Sourdough toast with organic butter

5

Please note that items on our menu may change based on seasonal availability.